



NEW ROCHELLE SUMMER DAY CAMP 2023

9 WEEKS OF CAMP



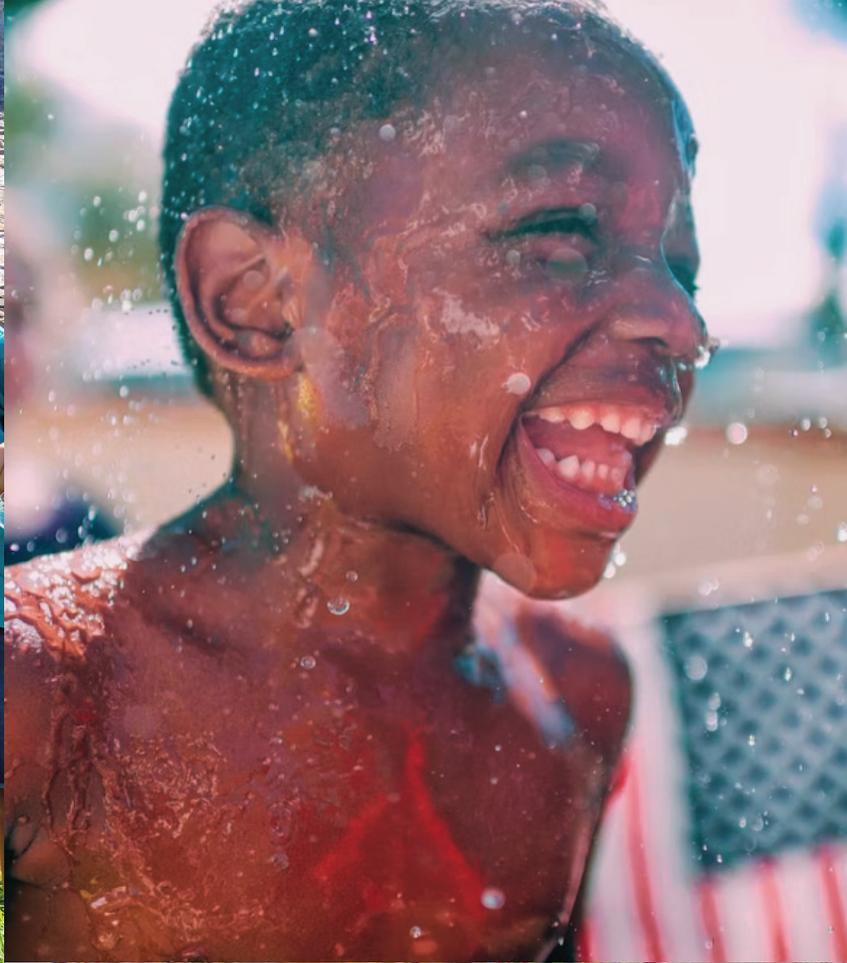
REGISTRATION OPENS:

FEBRUARY 1: MEMBERS

FEBRUARY 10: NON-MEMBERS

**1199 SEIU
APPROVED
CAMP**

Tel: 914-632-1818 | nrymca.org | frontdesk@nrymca.org



WELCOME TO SUMMER CAMP

Youth Development is one of the YMCA's Impact Areas where Ys are empowering young people to reach their fullest potential and at the heart of our summer camp. The YMCA Summer Camp program offers more than just a fun, caring, and safe place to keep your child physically and mentally engaged over the summer. It's more than just a summer experience that fosters new friendships, teaches new skills and provides so many ways to have fun and laugh the time away. We do so much more than take daily swims in our pool, dance in our studio, create unique arts and crafts, play games and take fabulous weekly trips.

Embedded in our program, we integrate a holistic approach to programming that enhances and nurtures the unique developmental journey of every child and teen. Activities and trips vary depending on the age group to ensure they are aligned to age appropriate milestones.

We create opportunities for campers to challenge themselves as they seek to become more independent and self-reliant. Team building activities allow campers to communicate effectively and take on leadership roles as they work together to solve problems. Sports games foster healthy competition and inspire kids to do their best.

Woven throughout the series of events that make up the day, we teach our four core values of caring, honesty, respect and responsibility. Counselors, serving as positive role models, help with character development activities throughout the week to further reinforce our efforts in teaching these universal values. It may seem like just fun and games, but we are strategic and purposeful in the activities selected to nurture your child's growth. We enrich each child's:

- **MIND** by exposure to Science, Math, and Reading
- **BODY** by exploring Health and Wellness
- **SPIRIT** by growing an appreciation of Arts & Music

Each child gains something different at camp: making new friends, self-confidence, independence, and leadership—skills that last far beyond camp. Whether it's your child's first camp experience or a returning camper, our camp provides an environment where campers are encouraged to grow, have fun, be creative and make those memories that will last a lifetime.



THE CAMPS

Our day camp is divided into smaller camp groups based on age groups. This ensures all activities are age appropriate. Whether enrolled in Discovery Camp (D), Adventurer (A), Explorer (E) or X-treme Teen (T), all groups enjoy an assortment of activities throughout the day ranging from arts and crafts, dance, swimming, and organized games/sports. Weekly themes thread the days of the week together and culminate in a weekly age-appropriate trip. One weekly dress up day for extra silliness and fun. Regardless of where we go or what we do, the goal is to always have fun and create great memories.



DISCOVERY CAMP (D)

AGES 3 & 4

**Discovery Threes Group
Discovery Fours Group
1:6 Staff to
camper ratio**

Discovery Camp is a great way to introduce your child to the summer camp experience. It is designed for children entering preschool and/or Kindergarten in September 2023. Supported by caring counselors, campers are provided with a myriad of activities ranging from arts and crafts, swimming, organized games to promote gross motor skill development, and we'll even sneak in some academic work to be sure they don't forget their A, B, C's or 1, 2, 3's. Please note that all campers must be fully toilet-trained.



ADVENTURER CAMP (A)

AGES 5-8

**Adventurer Ages
5-6 years old
Adventurer Ages
7-8 years old
1:6 staff to
camper ratio**

Adventurers will engage in fun adventures in this traditional day camp as they keep active with physical fitness, sports, dance, indoor and outdoor activities, swimming and so much more. Campers will be excited as they enjoy science activities, be creative in arts and crafts and build resilience as they engage in challenges that require problem-solving and critical thinking skills. Activities will also help campers build social and emotional skills in a fun and inclusive environment.

THE CAMPS



EXPLORER CAMP (E)

AGES 9-11

1:10 Staff to
camper ratio

In the Explorer Camp, campers will experience a variety of fun, traditional camp activities that revolve around the weekly themes. Explorers will participate in innovative projects, shows, and other special events. Activities include daily swimming, sports, arts and crafts, and STEM activities. These, in addition to group projects will help develop communication and team building skills, as well as persistence and building confidence. All this while making friends and having fun!



TEEN X-TREME TEAM (T)

AGES 12-15

1:12 Staff to
camper ratio

Teen X-treme team will be an amazing and varied summer experience for this age group. Campers will build communication and collaborative working skills as their team dives into activities based on weekly themes. Campers will explore and partake in the arts, sports, and science, all with a focus on building confidence and strong peer relationships.



MEET THE COUNSELORS BBQ! WEDNESDAY, JUNE 28 | 5:15-6:15 PM

We invite you to come and meet us.

Learn more about our summer camp program as well as meet the wonderful counselors who will be engaging with and caring for your child. We'll be happy to share the exciting activities we have planned and hopefully gain more insight about your child so we can provide an amazing summer experience. Join us!

WEEKLY THEMES AND TRIPS:

(Tentative and subject to change)

WEEK 1:

June 26- 30, 2023

Theme: Adventure Week

TRIPS: Boundless Adventures (A;E;T)
Hapik Indoor Rock Climbing (D)

WEEK 2:

July 3-7, 2023 (closed July 4)

Theme: STEM Week

TRIPS: New York Hall of Science (A; E; T)
Stepping Stones Museum (D)

WEEK 3:

July 10- 14, 2023

Theme: Fun & Fitness Week

TRIPS: Ninja Park Obstacle Course (All)

WEEK 4:

July 17-21, 2023

Theme: Mystery Week

TRIPS: Watson Adventures (E;T)
Movie Trip: Elements (A; D)

WEEK 5:

July 24- 28, 2023

Theme: Enchanted Forest Week

TRIPS: Taconic Outdoor Education Center (All)

WEEK 6:

July 31- August 4, 2023

Theme: Camp's Got Talent Week

TRIPS: Monster Mini Golf (E; T)
Bowling (D; A)
Friday 8/4- Accent Dance Talent Showcase

WEEK 7:

August 7-11, 2023

Theme: Aloha Week

TRIPS: Quassy Water Park (All)

WEEK 8:

August 14-18, 2023

Theme: Lost in Space Week

TRIPS: Cradle of Aviation Museum (All)

WEEK 9:

August 21-25, 2023

Theme: Wrapping It Up

TRIPS: Beardsley Zoo (All)

RATES:

\$330 per week for members

\$380 per week for non-members

\$70 AM Extended Care (7:30-9:00 AM)

\$70 PM Extended Care (5:00-6:30 PM)

\$120 for both AM & PM Extended Care

10% Sibling Discount

Financial Assistance Program

Through generous donations we are able to support families and provide the summer camp experience to children who may not otherwise be able to afford it. The New Rochelle YMCA offers financial assistance for families who qualify. Please reach out to Mr. N. Gordon at NGordon@nrymca.org

SAMPLE DAILY SCHEDULE

7:30-9:00AM	AM EXTENDED CARE: GROUP GAMES
9:00-10:00	CAMP OPENING, BREAKFAST, MORNING GROUP GATHERINGS, BELLXCEL
10:00-11:00	SPORTS / DANCE / DRAMA / BELLXCEL
11:00-12:00	POOL TIME: SWIM OR BOATING
12:00-1:00PM	LUNCH
1:00-2:00	ARTS & CRAFTS
3:00-4:00	TEAM BUILDING / STEM
4:00-5:00	FIELD GAMES, DISMISSAL
5:00-6:30	PM EXTENDED CARE: GROUP GAMES

INCLEMENT WEATHER POLICY

In cases of severe weather including hurricanes, tornados or severe thunderstorms the New Rochelle YMCA Summer Camp may cancel services for the day. In cases of inclement weather closure, the facility will send an email to all registered campers. Please make sure when registering you use a current email address. Information will also be posted on our Facebook page as well as our website.

During cases of thunderstorms the aquatics center will be closed for 30 minutes following the last sign of lightning, including thunder or sighted lightning. These precautions will ensure camper safety.

REFUND POLICY

Cancellations, changes and refunds may be made prior to May 15th for a full refund (less the non-refundable \$75 registration fee.) Cancellations and refunds after May 15th through May 31st will be honored, less the 25% initial deposit for the week(s) canceled. No

refunds will be issued after May 31 regardless of your registration date, vacation, dismissal for behavior, or illness. A \$30 service fee per occurrence will apply for any returned or disputed payments. Unpaid balances past 30 days will be forwarded for collection. Cancellations must be made in writing or by email to Bianca Zayas at BZayasNRYMCA@gmail.com.

CAMP CONTACT INFO

Tanisha Miller

914-632-1818

TMiller@nrymca.org

LeMarie Laureano

914-632-1818

LLaureanoNRYMCA@gmail.com

EMERGENCY CELLPHONE

For Emergencies Only: **914-224-7504**

CAMP HOURS

STANDARD HOURS:

9 AM - 5 PM

AM EXTENDED HOURS:

7:30 - 9:00 AM

PM EXTENDED HOURS:

5:00 - 6:30 PM



THE NEW ROCHELLE YMCA

50 Weyman Ave, New Rochelle, NY 10805

(914) 632-1818 frontdesk@nymca.org nymca.org