

Pool Schedule



Effective February 24-April 19, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-10am Lap Swim (All Lanes)	5:30-9am Lap Swim (All Lanes)	5:30-9am Lap Swim (All Lanes)	5:30-10am Lap Swim (All Lanes)	5:30-9am Lap Swim (All Lanes)	6-9:30am Lap Swim (All Lanes)	8:00-10:30am Lap Swim (4 Lanes) ARC Training (2 Lanes)
10-11am Aqua Zumba (All Lanes)	9-10am Silver Splash (All Lanes)	9-10am Aquacise (All Lanes)	10-11am Aquacise (All Lanes)	9-10am Aquacise (All Lanes)	9:30-10:30am Aquacise (All Lanes)	10:30a-2pm Swim Lessons
11am-3pm Lap Swim (All Lanes)	10-11am Water Running	10am-3pm Lap Swim (All Lanes)	11a-3pm Lap Swim (All Lanes)	10am-3pm Lap Swim (All Lanes)	10:30-3:10pm Swim Lessons	2-3:30pm Family Swim (4 Lanes) 1:15-3:30pm ARC Training (2 Lanes)
	11a-3pm Lap Swim (All Lanes)				3:10-3:30 Pool Closed	
3-4pm Family Swim (4 Lanes)	3-4pm Family Swim (4 Lanes)	3-6pm Family Swim (4 Lanes)	3-4pm Family Swim (4 Lanes)	3-4pm Family Swim (4 Lanes)	3:30-4:30p Private Lessons or Pool Rental (All Lanes)	
4-6pm Youth Lessons (4 Lanes)	4-6pm Youth Lessons (4 Lanes)	6-6:30pm Private/Lap Swim (All Lanes)	4-6pm Youth Lessons (4 Lanes)	4-6pm Youth Lessons (4 Lanes)	4:30-5:30p Family Swim (All Lanes)	Hours: Mon – Fri 5:30a-9:30p Saturdays 6:30 a-6:30p Sundays 8:00a-3:30p Please note the facility follows limited hours on holidays. Please check our website for holiday hours of operation Lap Swim are for exercisers ages 13 & up. Any swimmer under 13 must be approved by lifeguard
6-6:30pm Lap Swim	6-6:30pm Lap Swim		6-6:30pm Lap Swim	6-6:30pm Lap Swim		
6:30-8:15p Sailfish Swim Team	6:30-8:15p Sailfish Swim Team	6:30-8:15pm Sailfish Swim Team	6:30-8:15p Sailfish Swim Team	6:30-8:15p Sailfish Swim Team	5:30-6:30p Lap Swim (All Lanes)	
7:45-8:15p Private Lessons/Lap Swim (1 Lane)	7:30-8:15p Private Lessons/Lap Swim (1 Lane)	7:45-8:15p Private Lessons/Lap Swim (1 Lane)	7:30-8:15p Private Lessons/Lap Swim (1 Lane)	6:30-8:15p Private Lessons/Lap Swim (1 Lane)		
8:15-9:30p Adult Swim Lessons (4 Lanes) Lap Swim/ private Lessons (2 Lanes)	8:15-9:30p Lap Swim/ private Lessons (All Lanes)	8:15-9:15p Adult Swim Lessons (3 Lanes)	8:15-9:30p Lap Swim/ private Lessons (All Lanes)	8:15-9:30p Lap Swim/ private Lessons (All Lanes)	*Private lessons can happen during lap swim and family swim	
		8:15-9:30p Lap Swim/ private Lessons (3 Lanes)				