



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

## BASKETBALL SCHEDULE: 3/1/2021 TO 3/28/2021

Facility Hours:  
 M-F 6:00AM to 9:00PM  
 Sat. 7:00AM to 5:00PM  
 Sun. 12:00PM to 4:00PM

Pre-registration for gym court access is required. No walk-ons are permitted

2 members per court max - no spectators

We are not permitted to run pickup games per NYSDOH guidelines. All court access must be for practicing skills (shooting, dribbling, etc.)

Membership is required. No guests or day passes.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-6:45AM OPEN	6:00-6:45AM OPEN	6:00-6:45AM OPEN	6:00-6:45AM OPEN	6:00-6:45AM OPEN		
7:00-7:45AM OPEN	7:00-7:45AM BOOT CAMP (CLOSED)	7:00-7:45AM TURBO BOXING (CLOSED)	7:00-7:45AM BOOT CAMP (CLOSED)	7:00-7:45AM OPEN	7:00-7:45AM OPEN	
8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	
9:00-9:45AM OPEN	9:00-9:45AM OPEN	9:00-9:45AM OPEN	9:00-9:45AM OPEN	9:00-9:45AM OPEN		
10:00-1:00PM ZUMBA GOLD & TAI CHI (CLOSED)	10:00-11:00AM SILVER SNEAKERS (CLOSED)	10:00-1:00PM SILVER SNEAKERS & TAI CHI (CLOSED)	10:00-10:45AM OPEN	10:00-11:00AM ZUMBA GOLD (CLOSED)	9:00AM-2:00PM PROGRAMING (CLOSED)	
	11:00-11:45AM OPEN		11:00-11:45AM OPEN	11:00-11:45AM OPEN		
	12:00-12:45PM OPEN		12:00-12:45PM OPEN	12:00-12:45PM OPEN		
1:00-1:45PM OPEN	1:00-1:45PM OPEN	1:00-1:45PM OPEN	1:00-1:45PM OPEN	1:00-1:45PM OPEN		
2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN
3:00-4:00PM AFTERSCHOOL (CLOSED)	3:00-3:45PM OPEN	3:00-4:00PM AFTERSCHOOL (CLOSED)	3:00-3:45PM OPEN	3:00-4:00PM AFTERSCHOOL (CLOSED)	3:00-3:45PM OPEN	3:00-3:45PM OPEN
4:00-5:00PM PROGRAMING (CLOSED)	4:00-5:00PM PROGRAMING (CLOSED)	4:00-5:00PM AFTERSCHOOL (CLOSED)	4:00-5:00PM AFTERSCHOOL (CLOSED)	4:00-6:00PM PROGRAMING (CLOSED)	4:00-4:45PM OPEN	
5:00-5:45PM OPEN	5:00-5:45PM OPEN	5:00-5:45PM OPEN				
6:00-6:45PM OPEN	6:00-9:00PM PROGRAMING (CLOSED)	6:00-6:45PM PROGRAMING (CLOSED)	5:00-9:00PM PROGRAMING (CLOSED)	6:00-6:45PM OPEN		
7:00-7:45PM OPEN		7:00-7:45PM OPEN		7:00-7:45PM OPEN		
8:00-8:45PM OPEN		8:00-8:45PM OPEN		8:00-8:45PM OPEN		

To reserve a court please call our front desk at (914) 632-1818  
 2 courts per period are available - maximum 4 members per court