



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BASKETBALL SCHEDULE: 3/1/2021 TO 3/28/2021

Facility Hours:

M-F 6:00AM to 9:00PM
Sat. 7:00AM to 5:00PM
Sun. 12:00PM to 5:00PM

Pre-registration for gym court access is required. No walk-ons are permitted

2 members per court max - no spectators

We are not permitted to run pickup games per NYSDOH guidelines. All court access must be for practicing skills (shooting, dribbling, etc.)

Membership is required. No guests or day passes.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-6:45AM OPEN	6:00-6:45AM OPEN	6:00-6:45AM OPEN	6:00-6:45AM OPEN	6:00-6:45AM OPEN		
7:00-7:45AM OPEN	7:00-7:45AM BOOT CAMP (CLOSED)	7:00-7:45AM TURBO BOXING (CLOSED)	7:00-7:45AM BOOT CAMP (CLOSED)	7:00-7:45AM OPEN	7:00-7:45AM OPEN	
8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	8:00-8:45AM OPEN	
9:00-9:45AM OPEN	9:00-9:45AM OPEN	9:00-9:45AM OPEN	9:00-9:45AM OPEN	9:00-9:45AM OPEN	9:00AM-2:00PM PROGRAMING (CLOSED)	
10:00-12:00PM ZUMBA GOLD (CLOSED)	10:00-11:00AM SILVER SNEAKERS (CLOSED) 11:00-11:45AM OPEN	10:00-12:00PM SILVER SNEAKERS (CLOSED)	10:00-10:45AM OPEN 11:00-11:45AM OPEN	10:00-11:00AM ZUMBA GOLD (CLOSED) 11:00-11:45AM OPEN		
12:00-12:45PM OPEN	12:00-12:45PM OPEN	12:00-12:45PM OPEN	12:00-12:45PM OPEN	12:00-12:45PM OPEN		12:00-1:00PM PROGRAMING (CLOSED)
1:00-1:45PM OPEN	1:00-1:45PM OPEN	1:00-1:45PM OPEN	1:00-1:45PM OPEN	1:00-1:45PM OPEN		1:00-1:45PM OPEN
2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN	2:00-2:45PM OPEN
3:00-4:00PM AFTERSCHOOL (CLOSED)	3:00-3:45PM OPEN	3:00-4:00PM AFTERSCHOOL (CLOSED)	3:00-3:45PM OPEN	3:00-4:00PM AFTERSCHOOL (CLOSED)	3:00-3:45PM OPEN	3:00-3:45PM OPEN
4:00-5:00PM PROGRAMING (CLOSED)	4:00-5:00PM PROGRAMING (CLOSED)	4:00-5:00PM AFTERSCHOOL (CLOSED)	4:00-5:00PM AFTERSCHOOL (CLOSED)	4:00-6:00PM PROGRAMING (CLOSED)	4:00-4:45PM OPEN	4:00-4:45PM OPEN
5:00-5:45PM OPEN	5:00-5:45PM OPEN	5:00-5:45PM OPEN	5:00-9:00PM PROGRAMING (CLOSED)			
6:00-6:45PM OPEN	6:00-9:00PM PROGRAMING (CLOSED)	6:00-6:45PM PROGRAMING (CLOSED)		6:00-6:45PM OPEN		
7:00-7:45PM OPEN		7:00-7:45PM OPEN		7:00-7:45PM OPEN		
8:00-8:45PM OPEN		8:00-8:45PM OPEN		8:00-8:45PM OPEN	8:00-8:45PM OPEN	

To reserve a court please call our front desk at (914) 632-1818
2 courts per period are available - maximum 4 members per court